

PHYSICAL	MOTOR/SENSORY ADAPTATION	COGNITIVE	PSYCHOSOCIAL	INTERVENTIONS
<ul style="list-style-type: none"> ◆ Decreased tolerance to heat/cold. ◆ Decreased peripheral circulation. ◆ Declining cardiac/renal function. ◆ Decreased response to stress and sensory stimuli. ◆ Atrophy of reproductive organs. ◆ Loss of teeth leading to changes in food intake. ◆ More skeletal changes. 	<ul style="list-style-type: none"> ◆ Decreased visual acuity. ◆ Hearing Loss. ◆ Decreased sensitivity of taste buds and smell. ◆ Decreased tolerance to Pain ◆ Hesitant to respond; skills declining. 	<ul style="list-style-type: none"> ◆ Decline depends upon earlier cognitive abilities, general health and involvement in society. ◆ Sharing wisdom with others. ◆ Decrease in memory, slowing of mental functions. 	<ul style="list-style-type: none"> ◆ Retirement. ◆ Death of spouse and friends; acceptance of death. ◆ Adapting to change of social role. ◆ Developing supportive relationships. ◆ Pursuing second career, interest, hobbies, community activities, leisure activities. ◆ Coming to terms with accomplishments. ◆ Children leave home; reestablishes a couple; grandparenthood. ◆ Concern for health increases. 	<ul style="list-style-type: none"> ◆ Explore individual's support system. ◆ Explore related existing conditions. ◆ Involve family with care ◆ Provide adequate nutrition. ◆ Keep environment safe, e.g., SR 1, bed1, wheels locked. ◆ Turn/assist q 2 hrs. ◆ Assess skin integrity frequently. ◆ Monitor bowel elimination q 24 hrs. ◆ Continue with pain assessment & Management. ◆ Narcotics with long half-life may cause problems with side effects, e.g. confusion, constipation. ◆ Use adjuvant analgesics with caution, increases side effects. ◆ Apply lotion to skin immediately after bathing. ◆ Be aware of possible

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Addendum: #5

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				need for a warmer environment (1 room temperature, need for an extra blanket).
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LATE ADULT (ELDERLY): 60 – 79 YEARS